

COGNITION & PERCEPTION

What to look for *ages birth - 3*

As your child progresses through cognitive and perceptual stages, they'll begin performing actions, making noises, and speaking based on the things they see and come to understand in the world around them. Here are a few ways you'll notice these developments as they happen!

0-1 *month*

- Watches person who is talking

2-4 *months*

- Smiles at a familiar person
- Begins to follow moving things with their eyes

4-6 *months*

- Shows interest in familiar toys and surroundings
- May stick out tongue in imitation

6-8 *months*

- May act shy around strangers
- Vocalizes at their image in a mirror
- Responds to own name

8-10 *months*

- Shows excitement and interest in foods or activities that they like
- May try to prevent some activities they don't like
- Starts to understand some words

10-12 *months*

- Repeats an action that makes people laugh
- Waves "bye-bye"
- Asks for objects by pointing

1-2 *years*

- Names a few familiar objects
- Mimics familiar adult activities
- Begins to understand some "where is..." questions

2-3 *years*

- Gives full names to people and objects
- Helps put things away
- Begins to talk about things that have happened